

ANALYZER FIGHT LANGUAGE

As an Analyzer, you have a gift for bringing logic to emotional situations. You notice details, remember what was said, and can find solutions when everyone else feels stuck. Facts help you make sense of things, and fairness matters deeply to you. When something doesn't add up, your instinct is to ask questions until you understand what's actually happening.

But when conflict gets personal, that need for clarity can turn into defensiveness, especially when you feel unfairly blamed. You might correct details, challenge someone's version of events, or pull out receipts from three arguments ago. You're trying to establish what's true, but your questions can leave the other person feeling cross-examined instead of understood. And sometimes, your determination to get everything right makes it harder to acknowledge what you're feeling underneath.

Your sharp mind, attention to detail, and sense of justice are some of your greatest strengths. Learning that someone's feelings can be valid even when you disagree with their interpretation can help you move toward resolution without having to prove every point.

ANALYZERS YOU MIGHT RECOGNIZE



WHAT YOU MIGHT SAY

"ACTUALLY, THAT'S NOT WHAT HAPPENED."

WHAT YOU MAY MEAN

"I'M BEING ACCUSED OF SHIT I DIDN'T DO, AND I'M ABOUT TO SUBPOENA THE GROUP CHAT."

THERE'S A LOT MORE TO LEARN ABOUT ANALYZERS.
Grab the book, take a course online, or work with Lena and start untangling how your specific Fight Language.

**EXPLORE
THE FIGHT
LANGUAGES**

